

FEBRUARY 2012



# THE GOOD TIMES

1745 Mission Drive, Solvang, CA 93463

805•688•3793 office 805•688•1792 fax

Center hours: Monday & Friday 9-2

Tuesday – Thursday 9-4

[www.solvangseniorcenter.org](http://www.solvangseniorcenter.org)

## **Bond Appetit Trail Blazers Whipped Up A Savory Chicken Cacciatore Dinner at the Solvang Senior Center!**



Thank You! Pat Crawford, Susan Gode', Steve Bollinger, Bonnie Bollinger, Joe Olla', Sue Vasek, Alice Olla. Dessert makers (not pictured) Kathy Salvik & Pual Salvik.



Door prize winners  
Shirley DeCroce  
Margo Kemp



50/50 Winner - Charlene Whitfield

## **FEBRUARY BIRTHDAY'S!**

- 1 Dusko Ivanis
- 1 Cora Vandecar
- 2 Ernest Krig
- 5 Margo Kemp
- 5 Olivia Larsen
- 7 Annette Bredall
- 7 Jacquie Colemere
- 7 Elaine Morris
- 10 Betty Rina
- 10 Jim Richardson
- 11 Nina Preston
- 11 Bob Jennings
- 11 Jill Clevenger
- 12 Shirley Gioia
- 14 Joseph Szerwo
- 15 Tina Baklajian
- 17 Shirley Gioia
- 19 Regina Love
- 22 Joan O'Holland
- 23 Jean Wall
- 23 Ann Dickerson
- 25 Elizabeth Davison
- 27 Jean Albrecht
- 28 Karen Smith

### **Entertainment at the Senior Center**

Come and enjoy live entertainment at Senior Center every other Friday. This month's entertainment features Jeanne Martin on Harp on February 3rd and Julia Roger and Natasha Yule on Piano and Vocals on February the 17th. Entertainment begins at 12:15 so come for lunch and enjoy the show!

### **DINNER NIGHT - FEBRUARY 15, 2012**

Shepherd of the Valley will be preparing dinner on February 15, 2012 at the Senior Center! They will be serving a meal of baked ham, tossed baby green salad, mashed potatoes, green bean casserole, and mini cherry cheesecake/chocolate hearts. Dinner is already sold out, so please make call and cancel if you cannot make the dinner.

**FEBRUARY 2012 Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b> <b>MEATLOAF</b> Mashed potatoes Beets Fresh fruit Spice cake	<b>7</b> <b>BAKED HAM</b> Spinach salad Rice & Carrots Gelatin	<b>1</b> <b>ROAST TURKEY</b> Sage dressing Veggies Apple spice cake	<b>2</b> <b>CHICKEN</b> Parmesan Baked potato Stewed tomatoes Peaches	<b>3</b> <b>VEGGIE</b> <b>LASAGNA</b> Ginger carrots Herb breadsticks Boston cream pie
<b>13</b> <b>FISH</b> Coleslaw Rice & Spinach Peach up/down cake	<b>14</b> <b>VALENTINE'S DAY</b> <b>CHICKEN BREAST</b> Scalloped potato Carrots Lemon meringue pie	<b>15</b> <b>HAWAII</b> <b>PORK CHOPS</b> Sweet potatoes Salad Pudding	<b>16</b> <b>CORNISH HENS</b> Rutinus Veggies Pears Peach up/ side cake	<b>17</b> <b>BEEF SHORT RIBS</b> New potatoes Green beans French cream tart
<b>20</b> <b>CLOSED</b> <b>PRESIDENT'S</b> <b>LUNCH</b>	<b>21</b> <b>FISH</b> Spinach salad Rice & Carrots Fresh baked pie	<b>22</b> <b>ASH WEDNESDAY</b> <b>Veggie &amp; Cheese</b> <b>PIZZA</b> Green salad Cake	<b>23</b> <b>SPAGHETTI</b> Italian salad Veggies Pistachio pudding	<b>24</b> <b>CHEESEBURGERS</b> Potato salad ALL THE TRIMMINGS Cake
<b>27</b> <b>FREE HOT DOG</b> <b>LUNCH</b> with all the trimmings Using recycle money	<b>28</b> <b>BIRTHDAY LUNCH</b> <b>FISH</b> Spinach salad Rice & Carrots Fresh baked pie	<b>29</b> <b>CHICKEN PICCATA</b> Ambrosia Potatoes Wax beans German choc cake		

ALL LUNCHESES ARE SERVED WITH 2% MILK, BREAD, BUTTER. CALL THE CENTER AT 688-3793

**MONDAY**

Tai Chi 9:15 am  
 Arthritis Exercise Class 10:15am  
 Senior Issues every other Monday 1:00pm

**TUESDAY**

Knitting Class 9:30 - 11:30am  
 Computer Class 9:30 - 12:30pm  
 Brush-up Bridge & Poker 1:00 pm. Players at all levels are welcome to join anytime.

**WEDNESDAY**

Yoga 10:15 am  
 BINGO - Every Wednesday at 1:00pm

**THURSDAY**

Arthritis Exercise Class 10:15am  
 Texas Hold'em Poker 1:00pm.  
**FRIDAY**  
 Pilates Exercise Class 10:00 am

**Dinner Night**

February 15th, 6:00 p.m.

**Entertainment**

February 3rd, Jeanne Martin on the Harp

February 17th, Julia Roger/  
 Natasha Yule - Piano/Vovals

*Message from the Executive Director*

*It is amazing how successful dinner nights at the Senior Center have become.. February and March dinner nights are already sold out and April is almost full. As the dinner at the Senior Center is in high demand, please be sure to cancel if you cannot make the dinner so we can accommodate the people on the wait list.*

*Here at the Solvang Senior Center we are always striving to raise funds to support the Center. To help accomplish this we have added a donation button to the Senior Center's website. The donation button make is easy for anyone who wants to the support the Center with any amount of donation. Please check out the website at [www.solvangseniorcenter.org](http://www.solvangseniorcenter.org). If you know of anyone who would like to offer support, please direct them to the website or have them call me at the office. ~Brian Carroll, Executive Director*

Thank you to George Gibson for his year of volunteering at the Senior Center in the Kitchen and sorting the recycling. As George is leaving the Center, we are in need of a volunteer to sort through the recycling on a weekly basis. If you are interested in volunteering, please contact Ann or Brian at the Center.



Tom Garrett, Donna Hudak, Gail Jennings



Gale McNeeley performed at the Center

**Suzie Has a New Home!**

As many of you know, our former board member and long-time volunteer Jean Gotchall has moved to the Friendship House and was not able to take her beloved dog Suzie. Thank you to Sandra and Bob Hall for providing Suzie with a new home and for all of you who helped with Suzie during the transition.

**Valentine's Day Party!**

Please join us for us for our Valentine's Day Party on Tuesday, February 14th. Call 688-3793 to reserve you lunch. Come and enjoy door prizes, games, and a raffle basket give away.

**Tuesday Poker**

If you are interested in playing poker at the senior center, please call Gary Schoen at 688-6777 to reserve your place at a table.

Mission Statement: The Solvang Senior Center strives to preserve the health and independence of community seniors by offering nutritious meals, physical activities, social interaction and learning opportunities.

Solvang Senior Center  
1745 Mission Drive  
Solvang CA 93463

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James Rohde  
Gloria Schatz

Pat Jordan, Bookkeeper  
Tinker Andrews, Grant Writer  
Ann Doke, Kitchen Manager  
Brian Carroll, Executive Director

**Address Service Requested**



**WELCOME NEW MEMBERS!!!**

Bring your friends on down to share in the fun here at the Solvang Senior Center!

Kathleen Culver  
Debra McCoppen  
Sharon France  
Ruth Jarrette  
Edward Kushner  
Patricia Sargeant  
Carlton Smith  
Dorothy Soben  
Benson Walen

*Valley Haven*

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**SOLVANG FRIENDSHIP HOUSE**

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Executive Director  
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Fax 686-8538

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Sunshine Group is for those in need of a cheery note to brighten their day! If you know of anyone who is undergoing some life challenges and needs a phone call to cheer them up, please call the office at 688-3793 and we will brighten their day!